## Wednesday, July 13, 2022

The Role of Internationally Educated Health Professionals (IEHPs) in Addressing Canada's Health Human Resource Crisis: Ending Underutilization through Systems Change

Date and Time: Wednesday, July 13 1:00 pm - 2:00 pm

Cost: Free

Registration: <a href="https://newcomernavigation.zoom.us/webinar/register/1116564347259/WN\_aWRzV6HkQkOU5Bk954f">https://newcomernavigation.zoom.us/webinar/register/1116564347259/WN\_aWRzV6HkQkOU5Bk954f</a> qg

With World Education Services' Joan Atlin and Caroline Ewen

Canada's health system is facing a health human resource crisis. For years, labour shortages, difficult working c onditions, and the growing needs of an ageing population have strained the health system's infrastructure. The COVID-19 pandemic exacerbated these long-standing problems, contributing to widespread burnout and an ex odus of health professionals from the workforce. In this context, it is remarkable that nearly half (47%) of inter nationally educated health professionals (IEHPs) in Canada are unemployed or underemployed. Since the start of the pandemic, World Education Services (WES) Canada has engaged with a variety of stakeholders advocating for systems-level changes that can enable IEHPs to re-enter their chosen professions. While there have been some positive developments in recent months, including new programs and legislative/regulatory reforms, a coherent 'end-to-end' approach is still needed to address barriers related to immigration system, professional registr ation processes, and inclusive and commensurate labour market integration. WES Canada's ongoing work in Ontario is part of a call for a pan-Canadian strategy to end IEHP underutilization and help rebuild Canada's healt h workforce.

## Thursday, July 14, 2022

## Lunch & Learn: Temporary Assistance Program (TAP) for Ukrainians

Date and Time: Thursday, July 14 1:00 pm - 2:00 pm

Cost: Free

Registration: Manitoba Association of Newcomer Serving Organizations | Lunch & Learn: Temporary

Assistance Program (TAP) for Ukrainians (silkstart.com)

**Event Details** 

The TAP program provides short-term financial assistance for individuals and families who arrived from Ukrai ne under the Canada Ukraine Authorization for Emergency Travel (CUAET) program.

On Thursday July 14th at noon, join MANSO and special guest Erin Whittaker from the Province of Manitoba,

for a Lunch and Learn about TAP. There will be a brief presentation followed by Q&A.

**Audience**: The session is targeted toward service providers, organizations and volunteers, assisting Ukrainian a rrivals. Clients may attend, but interpretation is not being provided.

## **Monday, July 18, 2022**

# N4 / SPU IEHPs Online Program: Fostering Canadian Integration for Internationally Educated Health Professionals (IEHPs): From Learning to Action

Date and Time: Monday, July 18 7:00 am - 11:55 pm

Cost: Free

Registration: <a href="https://forms.newcomernavigation.ca/iehps/pre-registration">https://forms.newcomernavigation.ca/iehps/pre-registration</a>

#### PROGRAM DESCRIPTION

This program is designed to accompany and support IEHPs with the challenges of finding their place in Canada. It is based on an integrated development model that stresses knowledge, skills and identity (who I am and who I am becoming). The program's content will allow you to develop skills and knowledge for successful integration in Canada while forming a learning community through exercises of personal development and reflective practice (peer mentoring, reflective learning journals, discussion forums). It is training that welcomes you and helps you leverage your expertise in a new cultural context.

### **TOPICS**

- Self-reflection and Discernment
  - What is my story? What do I need to learn?
  - What decisions am I facing?
- Thriving in Canada's Mosaic
  - Canada's multiculturalism in action
  - History of health care in Canada
- Social Justice and Ethics
  - Values and social justice
  - Ethical decision-making
- Displacement and Belonging
  - Immigration experience and trauma
  - Resilience and self-care practices
- Interpersonal Communication
  - Dialogue: listening and speaking skills
  - Collaboration in intercultural settings
- Integration Session
  - Engaging your leadership
  - From learning to action

#### **STRUCTURE**

Fall 2022 – September 12 to December 4, 2022

12 weeks with 2-4 hours of engagement/week.

6 modules, each with 1h of live webinar (recording will be available to participant) and a series of pre-recorded learning videos, readings and practices.

Online discussion groups of up to 10 people and volunteer peer mentoring.

6 "Ask me anything" live sessions with the instructors.

#### **AUDIENCE**

International Medical Graduates (IMGs) and International Educated Nurses (IENs) looking to be optimally emp loyed and thrive in the Canadian Healthcare system.

Candidates for this program must have a Canadian address.

## **Tuesday, July 19, 2022**

# N4 / SPU IEHPs Online Program: Fostering Canadian Integration for Internationally Educated Health Professionals (IEHPs): From Learning to Action

Date and Time: Tuesday, July 19 7:00 am - 11:55 pm

Cost: Free

Registration: https://forms.newcomernavigation.ca/iehps/pre-registration

#### PROGRAM DESCRIPTION

This program is designed to accompany and support IEHPs with the challenges of finding their place in Canada. It is based on an integrated development model that stresses knowledge, skills and identity (who I am and who I am becoming). The program's content will allow you to develop skills and knowledge for successful integration in Canada while forming a learning community through exercises of personal development and reflective practice (peer mentoring, reflective learning journals, discussion forums). It is training that welcomes you and helps you leverage your expertise in a new cultural context.

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Fall 2022 – September 12 to December 4, 2022

12 weeks with 2-4 hours of engagement/week.

6 modules, each with 1h of live webinar (recording will be available to participant) and a series of pre-recorded learning videos, readings and practices.

Online discussion groups of up to 10 people and volunteer peer mentoring.

6 "Ask me anything" live sessions with the instructors.

#### **AUDIENCE**

International Medical Graduates (IMGs) and International Educated Nurses (IENs) looking to be optimally emp loyed and thrive in the Canadian Healthcare system.

Candidates for this program must have a Canadian address.

## Mental Health Supports for Ukrainian Displaced People coming to Canada

Date and Time: Tuesday, July 19 1:30 pm - 2:30 pm

### **Price: Free**

Registration: Mental Health Supports for Ukrainian Displaced People coming to Canada Registration, Tue, 19 Jul 2022 at 1:30 PM | Eventbrite

## **About this event**

### **Description:**

Join this webinar with Dr. Yuliya Knyahnytska for a discussion on the following:

- 1. Key challenges experienced by Ukrainian displaced people coming to Canada:
- CUAET vs refugees vs other pathways
- What one needs to know: access to services, settlement, networks
- Risk and protective factors for displaced people

- 2. Addressing the needs of displaced people in the context of global crisis:
- Differences in services/healthcare models delivery west versus Eastern Europe
- Evolving and fast-changing needs of the displaced population: necessity to adopt fast, and

re-organize service delivery based on needs

- 3. Survival tips for service providers when working with displaced people:
- Adaptability and flexibility
- Acknowledging uncertainty
- Interdisciplinary collaboration
- Communication: clarity, transparency, and empathy

### Speaker:

### Dr. Yuliya Knyahnytska, MD, PhD

Dr. Knyahnytska is a Clinician-Scientist and Staff Psychiatrist at the Centre for Addiction and Mental Health (C AMH), Toronto, Canada. She is an Assistant Professor with the Department of Psychiatry, Faculty of Medicine at the University of Toronto with over 15 years of clinical and research experience in general psychiatry, treatme nt-resistant mood disorders, and clinical research.

Dr. Knyahnytska completed her medical training in Ukraine and holds PhD in Health and Behavior from the Un iversity of Toronto. She has completed two clinical fellowships focusing on innovative treatment interventions for treatment-resistant psychiatric disorders. She is a vocal advocate for patient-centered care and improving ac cess to care through clinical research.

Dr. Knyahnytska is leading a CAMH-wide initiative to improve access to care for health care workers, and peop le affected by the Ukrainian war. As a part of the team effort, she is a member of the New Beginnings Clinic wh ich serves refugees and Ukrainian displaced people by providing psychiatric consultation and short-term suppor t. She is closely connected to Ukrainian community through volunteering in helping newcomers to navigate ne w life after they flee the war.

## Wednesday, July 20, 2022

# N4 / SPU IEHPs Online Program: Fostering Canadian Integration for Internationally Educated Health Professionals (IEHPs): From Learning to Action

Date and Time: Wednesday, July 20 7:00 am - 11:55 pm

Cost: Free

Registration: <a href="https://forms.newcomernavigation.ca/iehps/pre-registration">https://forms.newcomernavigation.ca/iehps/pre-registration</a>

#### PROGRAM DESCRIPTION

This program is designed to accompany and support IEHPs with the challenges of finding their place in Canada.

It is based on an integrated development model that stresses knowledge, skills and identity (who I am and who I am becoming). The program's content will allow you to develop skills and knowledge for successful integration in Canada while forming a learning community through exercises of personal development and reflective practice (peer mentoring, reflective learning journals, discussion forums). It is training that welcomes you and helps you leverage your expertise in a new cultural context.

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#### **STRUCTURE**

Fall 2022 – September 12 to December 4, 2022

12 weeks with 2-4 hours of engagement/week.

6 modules, each with 1h of live webinar (recording will be available to participant) and a series of pre-recorded learning videos, readings and practices.

Online discussion groups of up to 10 people and volunteer peer mentoring.

6 "Ask me anything" live sessions with the instructors.

### **AUDIENCE**

International Medical Graduates (IMGs) and International Educated Nurses (IENs) looking to be optimally emp loyed and thrive in the Canadian Healthcare system.

Candidates for this program must have a Canadian address.

## Thursday, July 21, 2022

# N4 / SPU IEHPs Online Program: Fostering Canadian Integration for Internationally Educated Health Professionals (IEHPs): From Learning to Action

Date and Time: Thursday, July 21 7:00 am - 11:55 pm

Cost: Free

Registration: <a href="https://forms.newcomernavigation.ca/iehps/pre-registration">https://forms.newcomernavigation.ca/iehps/pre-registration</a>

#### PROGRAM DESCRIPTION

This program is designed to accompany and support IEHPs with the challenges of finding their place in Canada. It is based on an integrated development model that stresses knowledge, skills and identity (who I am and who I am becoming). The program's content will allow you to develop skills and knowledge for successful integration in Canada while forming a learning community through exercises of personal development and reflective practice (peer mentoring, reflective learning journals, discussion forums). It is training that welcomes you and helps you leverage your expertise in a new cultural context.

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#### **STRUCTURE**

Fall 2022 – September 12 to December 4, 2022

12 weeks with 2-4 hours of engagement/week.

6 modules, each with 1h of live webinar (recording will be available to participant) and a series of pre-recorded learning videos, readings and practices.

Online discussion groups of up to 10 people and volunteer peer mentoring.

6 "Ask me anything" live sessions with the instructors.

International Medical Graduates (IMGs) and International Educated Nurses (IENs) looking to be optimally emp loyed and thrive in the Canadian Healthcare system.

Candidates for this program must have a Canadian address.

## **Friday, July 22, 2022**

# N4 / SPU IEHPs Online Program: Fostering Canadian Integration for Internationally Educated Health Professionals (IEHPs): From Learning to Action

Date and Time: Friday, July 22 7:00 am - 11:55 pm

Cost: Free

Registration: <a href="https://forms.newcomernavigation.ca/iehps/pre-registration">https://forms.newcomernavigation.ca/iehps/pre-registration</a>

#### PROGRAM DESCRIPTION

This program is designed to accompany and support IEHPs with the challenges of finding their place in Canada. It is based on an integrated development model that stresses knowledge, skills and identity (who I am and who I am becoming). The program's content will allow you to develop skills and knowledge for successful integration in Canada while forming a learning community through exercises of personal development and reflective practice (peer mentoring, reflective learning journals, discussion forums). It is training that welcomes you and helps you leverage your expertise in a new cultural context.

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### **STRUCTURE**

Fall 2022 – September 12 to December 4, 2022

12 weeks with 2-4 hours of engagement/week.

6 modules, each with 1h of live webinar (recording will be available to participant) and a series of pre-recorded learning videos, readings and practices.

Online discussion groups of up to 10 people and volunteer peer mentoring.

6 "Ask me anything" live sessions with the instructors.

#### **AUDIENCE**

International Medical Graduates (IMGs) and International Educated Nurses (IENs) looking to be optimally emp loyed and thrive in the Canadian Healthcare system.

Candidates for this program must have a Canadian address.

## Saturday, July 23, 2022

# N4 / SPU IEHPs Online Program: Fostering Canadian Integration for Internationally Educated Health Professionals (IEHPs): From Learning to Action

Date and Time: Saturday, July 23 7:00 am - 11:55 pm

Cost: Free

Registration: https://forms.newcomernavigation.ca/iehps/pre-registration

### PROGRAM DESCRIPTION

This program is designed to accompany and support IEHPs with the challenges of finding their place in Canada. It is based on an integrated development model that stresses knowledge, skills and identity (who I am and who I am becoming). The program's content will allow you to develop skills and knowledge for successful integration in Canada while forming a learning community through exercises of personal development and reflective practice (peer mentoring, reflective learning journals, discussion forums). It is training that welcomes you and helps you leverage your expertise in a new cultural context.

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#### **AUDIENCE**

International Medical Graduates (IMGs) and International Educated Nurses (IENs) looking to be optimally emp loyed and thrive in the Canadian Healthcare system.

Candidates for this program must have a Canadian address.

## **Sunday, July 24, 2022**

# N4 / SPU IEHPs Online Program: Fostering Canadian Integration for Internationally Educated Health Professionals (IEHPs): From Learning to Action

Date and Time: Sunday, July 24 7:00 am - 11:55 pm

Cost: Free

Registration: https://forms.newcomernavigation.ca/iehps/pre-registration

#### PROGRAM DESCRIPTION

This program is designed to accompany and support IEHPs with the challenges of finding their place in Canada. It is based on an integrated development model that stresses knowledge, skills and identity (who I am and who I am becoming). The program's content will allow you to develop skills and knowledge for successful integration in Canada while forming a learning community through exercises of personal development and reflective practice (peer mentoring, reflective learning journals, discussion forums). It is training that welcomes you and helps you leverage your expertise in a new cultural context.

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Fall 2022 – September 12 to December 4, 2022

12 weeks with 2-4 hours of engagement/week.

6 modules, each with 1h of live webinar (recording will be available to participant) and a series of pre-recorded learning videos, readings and practices.

Online discussion groups of up to 10 people and volunteer peer mentoring.

6 "Ask me anything" live sessions with the instructors.

#### **AUDIENCE**

International Medical Graduates (IMGs) and International Educated Nurses (IENs) looking to be optimally employed and thrive in the Canadian Healthcare system.

Candidates for this program must have a Canadian address.

## **Monday, July 25, 2022**

N4 / SPU IEHPs Online Program: Fostering Canadian Integration for Internationally Educated Health Professionals (IEHPs): From Learning to Action

Date and Time: Monday, July 25 7:00 am - 11:55 pm

Cost: Free

Registration: https://forms.newcomernavigation.ca/iehps/pre-registration

#### PROGRAM DESCRIPTION

This program is designed to accompany and support IEHPs with the challenges of finding their place in Canada. It is based on an integrated development model that stresses knowledge, skills and identity (who I am and who I am becoming). The program's content will allow you to develop skills and knowledge for successful integration in Canada while forming a learning community through exercises of personal development and reflective practice (peer mentoring, reflective learning journals, discussion forums). It is training that welcomes you and helps you leverage your expertise in a new cultural context.

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#### **STRUCTURE**

Fall 2022 – September 12 to December 4, 2022

12 weeks with 2-4 hours of engagement/week.

6 modules, each with 1h of live webinar (recording will be available to participant) and a series of pre-recorded learning videos, readings and practices.

Online discussion groups of up to 10 people and volunteer peer mentoring.

6 "Ask me anything" live sessions with the instructors.

#### **AUDIENCE**

International Medical Graduates (IMGs) and International Educated Nurses (IENs) looking to be optimally employed and thrive in the Canadian Healthcare system.

Candidates for this program must have a Canadian address.

# N4 / SPU IEHPs Online Program: Fostering Canadian Integration for Internationally Educated Health Professionals (IEHPs): From Learning to Action

Date and Time: Tuesday, July 26 7:00 am - 11:55 pm

Cost: Free

Registration: https://forms.newcomernavigation.ca/iehps/pre-registration

#### PROGRAM DESCRIPTION

This program is designed to accompany and support IEHPs with the challenges of finding their place in Canada. It is based on an integrated development model that stresses knowledge, skills and identity (who I am and who I am becoming). The program's content will allow you to develop skills and knowledge for successful integration in Canada while forming a learning community through exercises of personal development and reflective practice (peer mentoring, reflective learning journals, discussion forums). It is training that welcomes you and helps you leverage your expertise in a new cultural context.

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  - From learning to action

#### **STRUCTURE**

Fall 2022 – September 12 to December 4, 2022

12 weeks with 2-4 hours of engagement/week.

6 modules, each with 1h of live webinar (recording will be available to participant) and a series of pre-recorded learning videos, readings and practices.

Online discussion groups of up to 10 people and volunteer peer mentoring.

6 "Ask me anything" live sessions with the instructors.

#### **AUDIENCE**

International Medical Graduates (IMGs) and International Educated Nurses (IENs) looking to be optimally emp loyed and thrive in the Canadian Healthcare system.

Candidates for this program must have a Canadian address.

## Wednesday, July 27, 2022

# N4 / SPU IEHPs Online Program: Fostering Canadian Integration for Internationally Educated Health Professionals (IEHPs): From Learning to Action

Date and Time: Wednesday, July 27 7:00 am - 11:55 pm

Cost: Free

Registration: https://forms.newcomernavigation.ca/iehps/pre-registration

### PROGRAM DESCRIPTION

This program is designed to accompany and support IEHPs with the challenges of finding their place in Canada. It is based on an integrated development model that stresses knowledge, skills and identity (who I am and who I am becoming). The program's content will allow you to develop skills and knowledge for successful integration in Canada while forming a learning community through exercises of personal development and reflective practice (peer mentoring, reflective learning journals, discussion forums). It is training that welcomes you and helps you leverage your expertise in a new cultural context.

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Fall 2022 – September 12 to December 4, 2022

12 weeks with 2-4 hours of engagement/week.

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Online discussion groups of up to 10 people and volunteer peer mentoring.

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#### **AUDIENCE**

International Medical Graduates (IMGs) and International Educated Nurses (IENs) looking to be optimally emp loyed and thrive in the Canadian Healthcare system.

Candidates for this program must have a Canadian address.

### The Ongoing Afghan Refugee Crisis: What we have learned thus far

Date and Time: Wednesday, July 27 1:00 pm - 2:00 pm

Cost: Free

Registration: <a href="https://newcomernavigation.zoom.us/webinar/register/8016547151683/WN\_DglFdDvfR-iDhZk753DMqA">https://newcomernavigation.zoom.us/webinar/register/8016547151683/WN\_DglFdDvfR-iDhZk753DMqA</a>

Since August 2021, Canada has accepted close to 16,000 Afghan refugees, with at least 40,000 total planned to be accepted as soon as possible. Through permanent residencies, special immigration programs, and a mix of go vernment and privately sponsored refugee programs, the Government of Canada is developing pathways to help those in need find a safe, new home across Canada.

Since our March 3 N4 Conference presentation, many updates and acceptances of refugees have happened. Alon g with that, more knowledge on the vast scope of Canada's refugee programs and the activities involved have o ccurred.

N4 is pleased to host a panel discussion on the work being done, lessons learned, and recommendations to our members on the Afghan refugee crisis and what can be done to prepare for an influx of newcomers into Canada.

## Thursday, July 28, 2022

N4 / SPU IEHPs Online Program: Fostering Canadian Integration for Internationally Educated Health Professionals (IEHPs): From Learning to Action

Date and Time: Thursday, July 28 7:00 am - 11:55 pm

Cost: Free

Registration: https://forms.newcomernavigation.ca/iehps/pre-registration

#### PROGRAM DESCRIPTION

This program is designed to accompany and support IEHPs with the challenges of finding their place in Canada. It is based on an integrated development model that stresses knowledge, skills and identity (who I am and who I am becoming). The program's content will allow you to develop skills and knowledge for successful integration in Canada while forming a learning community through exercises of personal development and reflective practice (peer mentoring, reflective learning journals, discussion forums). It is training that welcomes you and helps you leverage your expertise in a new cultural context.

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#### **STRUCTURE**

Fall 2022 – September 12 to December 4, 2022

12 weeks with 2-4 hours of engagement/week.

6 modules, each with 1h of live webinar (recording will be available to participant) and a series of pre-recorded learning videos, readings and practices.

Online discussion groups of up to 10 people and volunteer peer mentoring.

6 "Ask me anything" live sessions with the instructors.

#### **AUDIENCE**

International Medical Graduates (IMGs) and International Educated Nurses (IENs) looking to be optimally emp loyed and thrive in the Canadian Healthcare system.

Candidates for this program must have a Canadian address.

# N4 / SPU IEHPs Online Program: Fostering Canadian Integration for Internationally Educated Health Professionals (IEHPs): From Learning to Action

Date and Time: Friday, July 29 7:00 am - 11:55 pm

Cost: Free

Registration: <a href="https://forms.newcomernavigation.ca/iehps/pre-registration">https://forms.newcomernavigation.ca/iehps/pre-registration</a>

#### PROGRAM DESCRIPTION

This program is designed to accompany and support IEHPs with the challenges of finding their place in Canada. It is based on an integrated development model that stresses knowledge, skills and identity (who I am and who I am becoming). The program's content will allow you to develop skills and knowledge for successful integration in Canada while forming a learning community through exercises of personal development and reflective practice (peer mentoring, reflective learning journals, discussion forums). It is training that welcomes you and helps you leverage your expertise in a new cultural context.

#### **TOPICS**

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#### **STRUCTURE**

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12 weeks with 2-4 hours of engagement/week.

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#### **AUDIENCE**

International Medical Graduates (IMGs) and International Educated Nurses (IENs) looking to be optimally emp loyed and thrive in the Canadian Healthcare system.

Candidates for this program must have a Canadian address.

## **Saturday, July 30, 2022**

# N4 / SPU IEHPs Online Program: Fostering Canadian Integration for Internationally Educated Health Professionals (IEHPs): From Learning to Action

Date and Time: Saturday, July 30 7:00 am - 11:55 pm

Cost: Free

Registration: https://forms.newcomernavigation.ca/iehps/pre-registration

PROGRAM DESCRIPTION

This program is designed to accompany and support IEHPs with the challenges of finding their place in Canada. It is based on an integrated development model that stresses knowledge, skills and identity (who I am and who I am becoming). The program's content will allow you to develop skills and knowledge for successful integration in Canada while forming a learning community through exercises of personal development and reflective practice (peer mentoring, reflective learning journals, discussion forums). It is training that welcomes you and helps you leverage your expertise in a new cultural context.

- Self-reflection and Discernment
  - What is my story? What do I need to learn?
  - What decisions am I facing?
- Thriving in Canada's Mosaic
  - Canada's multiculturalism in action
  - History of health care in Canada
- Social Justice and Ethics
  - Values and social justice
  - Ethical decision-making
- Displacement and Belonging
  - Immigration experience and trauma
  - Resilience and self-care practices
- Interpersonal Communication
  - Dialogue: listening and speaking skills
  - Collaboration in intercultural settings
- Integration Session
  - Engaging your leadership

From learning to action

#### **STRUCTURE**

Fall 2022 – September 12 to December 4, 2022

12 weeks with 2-4 hours of engagement/week.

6 modules, each with 1h of live webinar (recording will be available to participant) and a series of pre-recorded learning videos, readings and practices.

Online discussion groups of up to 10 people and volunteer peer mentoring.

6 "Ask me anything" live sessions with the instructors.

#### **AUDIENCE**

International Medical Graduates (IMGs) and International Educated Nurses (IENs) looking to be optimally emp loyed and thrive in the Canadian Healthcare system.

Candidates for this program must have a Canadian address.

## **Sunday, July 31, 2022**

# N4 / SPU IEHPs Online Program: Fostering Canadian Integration for Internationally Educated Health Professionals (IEHPs): From Learning to Action

Date and Time: Sunday, July 31 7:00 am - 11:55 pm

Cost: Free

Registration: https://forms.newcomernavigation.ca/iehps/pre-registration

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https://calendar.newcomernavigation.ca