

Wednesday, January 4, 2023

2023 R-1 Main Residency Match (Second Iteration)

Date and Time: Wednesday, January 4 12:00 pm - 1:00 pm

R-1 Main Residency Match (Second Iteration) — Applicant timeline

Information available here: <https://www.carms.ca/match/r-1-main-residency-match/r-1-second-iteration-timeline>

- 4 January 2023 at 12:00 (noon) ET - Applicant registration opens
- 26 January 2023 at 12:00 (noon) ET - CaRMS Online opens for applicants
- 28 February 2023 at 17:00 ET - DEADLINE: Translation requests for references
- 22 March 2023 at 12:00 (noon) ET - Access to CaRMS Online for unmatched applicants
- 23 March 2023 at 15:00 ET - Program descriptions approved by PGME offices and available on carms.ca and Program selection opens
- 28 March 2023 - DEADLINE: Transcripts and MSPRs sent by faculties
- 2 April 2023 - DEADLINE: Reference submission
- 3 April 2023 at 12:00 (noon) ET - DEADLINE: Submission and assignment of applications and documents and File review begins
- 11 April 2023 at 12:00 (noon) ET - Ranking period begins
- 19 April 2023 at 15:00 ET - DEADLINE: Applicant rank order list
- 27 April 2023 at 12:00 (noon) ET - MATCH DAY
- 18 May 2023 at 15:00 ET - CaRMS Online access closes

Monday, January 9, 2023

2023 R-1 Main Residency Match Process

Date and Time: Monday, January 9 5:00 pm - 5:05 pm

R-1 Main Residency Match (First Iteration) — Applicant Timeline

Information Available here: https://www.carms.ca/match/r-1-main-residency-match/r-1-match-timeline/?tribe_event_display=list&tribe-bar-date=2000-01-01

- 3 October 2022 at 12:00 (noon) ET - CaRMS Online opens for applicants
- 23 November 2022 at 17:00 ET - DEADLINE: Translation requests for references
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- 23 December 2022 - DEADLINE: Transcripts and MSPRs sent by faculties
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- 10 January 2023 at 12:00 (noon) ET - DEADLINE: Submission and assignment of applications and documents and File review begins
- 27 January 2023 - DEADLINE: Interview offer status updates in CaRMS Online (prior to sending interview invitations)

- 6 February 2023 (Start) - 26 February 2023 (End) - National interview period
- 13 February 2023 at 12:00 (noon) ET - Ranking period begins
- 9 March 2023 at 15:00 ET - DEADLINE: Applicant rank order list
- 21 March 2023 at 12:00 (noon) ET - Pre-match day
- 22 March 2023 at 12:00 (noon) ET - MATCH DAY
- 18 May 2023 at 15:00 ET - CaRMS Online access closes

Tuesday, January 10, 2023

2023 R-1 Main Residency Match Process

Date and Time: Tuesday, January 10 12:00 pm - 12:05 pm

R-1 Main Residency Match (First Iteration) — Applicant Timeline

Information Available here: https://www.carms.ca/match/r-1-main-residency-match/r-1-match-timeline/?tribe_event_display=list&tribe-bar-date=2000-01-01

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- 22 March 2023 at 12:00 (noon) ET - MATCH DAY
- 18 May 2023 at 15:00 ET - CaRMS Online access closes

Thursday, January 12, 2023

Trauma Informed Care

Date and Time: Thursday, January 12 10:00 am - 1:00 pm

Cost: \$35

Registration: <https://www.eventbrite.ca/e/trauma-informed-care-tickets-463720278837>

Thursday, January 12, 2023

9:00 a.m. to 12:00 p.m. (CST)

Virtual Workshop through Zoom

"Workshop Overview

Do you or your organization work with individuals who have experienced trauma and/or have a history of trauma? If so, this workshop is an excellent opportunity to learn about Trauma Informed Practice.

People who have experienced trauma are at risk of being re-traumatized in every social service and health care setting. The lack of knowledge and understanding about the impact of trauma can get in the way of services providing the most effective care and intervention. This can leave folks feeling misunderstood, unsupported, and even blamed. It can also perpetuate a damaging cycle that prevents healing and growth. This can be prevented with basic knowledge and by considering trauma informed language and practices.

Trauma Informed Care is an approach to engaging people with a history of trauma that recognizes the presence of trauma and acknowledges the role that trauma has played in their lives. At the core of any trauma informed service is empowerment and genuine, compassionate relationships. To achieve this, we must be open to awareness, self-reflection, and self-care...."

Friday, January 13, 2023

Understanding and Dealing with Racism and Oppression

Date and Time: Friday, January 13 10:00 am - 12:00 pm

Friday January 13, 2023, 10am to 12pm on Zoom

Cost: Free

Registration: Email Lamia Al-Ansari, llalansari@jfsottawa.com

"This session helps front-line workers in understanding the concept of racism and oppression, which is crucial to culturally sensitive and supportive services to newcomers."

Tuesday, January 17, 2023

Data for Rural Communities: Taking Stock and Looking Forward

Date and Time: Tuesday, January 17 2:00 pm - 3:00 pm

Cost: Free

Registration: [Data for Rural Communities: Taking Stock and Looking Forward Tickets, Tue, Jan 17, 2023 at 2:00 PM | Eventbrite](#)

"Data for Rural Communities: Taking Stock and Looking Forward

The availability of data to inform decisions and programs in support of rural communities has been a longstanding data gap, including a lack of commonly accepted definitions of ‘rural’ Canada. These gaps affect Canadians, as they hinder policymakers’ ability to create and implement programs and policies. In response to this, Statistics Canada tries to fill these gaps by integrating data from traditional and alternative sources. It aims to provide high-quality, granular, accessible, and timely information on social and economic issues, so to ensure that the needs and aspirations of rural Canadians are addressed.

Mahamat Hamit-Hagggar, Ph.D., Chief, Centre for Special Business Projects from Statistics Canada will give a 30-minute presentation on the implications of data availability for rural communities, followed by a 15-minute Q&A period at the end of the session.

Registration closes on January 16th, 2023 at 2pm EST. If the registration deadline has passed and you still wish to register, please email bdrocha@northernpolicy.ca. Please note, registration after the deadline has passed is not guaranteed.

You will find the **Zoom link** for this event on your registration confirmation page (online) and on your confirmation email (scroll to the bottom of the email, under your tickets, on the "Additional Information" section).

Please do not share the Zoom link. Instead, please invite your colleagues to register. The event is free."

Wednesday, January 18, 2023

Virtual Care for Newcomers: What have we learned and how will we plan for the future?

Date and Time: Wednesday, January 18 1:00 pm - 2:00 pm

Cost: Free

Registration: https://newcomernavigation.zoom.us/webinar/register/4116687001283/WN__EPhTxhFRVKi3VpcJJj5wA

This webinar will touch on the challenges/barriers newcomers experienced during the pandemic, what we have learned, and how we will approach things differently in the future with respect to care online in a virtual space.

- Describe key challenges/barriers newcomers experienced as they accessed virtual care during the pandemic and ways to overcome these challenges/barriers
- Understand how to assess the appropriateness of virtual care for newcomer clients/patients

Thursday, January 19, 2023

Elder Abuse

Date and Time: Thursday, January 19 11:00 am - 12:30 pm

Jan. 19, 2023, 10am-11:30am CST

Cost: Free

Registration: [Manitoba Association of Newcomer Serving Organizations | Elder Abuse \(silkstart.com\)](#)

"“Know Your Rights: Seniors” workshop covers a wide variety of topics related to older adults and their rights. An overview of elder abuse will be provided, with information about how to protect yourself, understand your rights, managing your finances, and staying safe from financial scams. The Webinar will also cover basic information on important legal documents such as Wills, Powers of Attorney, and Healthcare Directives. This workshop is appropriate for anyone who wishes to gain a better understanding of these topics, including older adults, friends and family members of older adults, and individuals who work with older adults. There will be a Q&A session following the webinar. This webinar is provided in partnership with [Community Legal Education Association \(CLEA\)](#)."

CCDI Webinar: Diversity, equity and inclusion - The fundamentals

Date and Time: Thursday, January 19 1:00 pm - 2:00 pm

Cost: Free

Registration: [CCDI Webinar: Diversity, equity and inclusion - The fundamentals](#)

"Hosted by: [Ashley Sheppard](#)

What is diversity and inclusion? Why is this important for workplaces across Canada? What is the business, people and social imperative? Join us to cover the building blocks of your DEI comprehension.

Audience/Level: This is an introductory level webinar covering the basics of diversity, equity and inclusion in the workplace.

NOTE: This webinar is being offered for free. "

Monday, January 23, 2023

New Perspectives - Canada's next immigration crisis: how will we respond to the era of climate migration?

Date and Time: Monday, January 23 7:30 pm - 9:00 pm

Cost: Free

Registration: [Webinar Registration - Zoom](#)

"We've all seen, and may have even experienced, the growing devastation extreme climate events have caused around the world, from historic floods in Pakistan, unprecedented droughts in China and Europe, and intense forest fires in Canada, Australia and even the Amazon.

As climate change worsens in the coming years, it is likely they will increasingly make areas of the planet uninhabitable and force many people to move both nationally and internationally.

This new era of climate-related migration will create new practical and policy challenges for local and national governments. Our upcoming New Perspectives event aims to identify what these challenges will be and what role Canada could play in addressing climate migration.

We have an amazing panel of speakers to discuss this topic. Warda Shazadi Meighen from Landings LLP is joined by Dr Alison Shaw from SFU and Patrick Michell, former chief of the Kanaka Band in Lytton, BC. They will also be moderated by Laura Lynch from CBC.

This event is in partnership with the Ismaili Centre of Vancouver and CBC.

We want to hear from you, so please send your questions in the field below to ensure the panel addresses them during the event."

Tuesday, January 24, 2023

Migration Working Group - Global challenges: Climate change and irregular migration

Date and Time: Tuesday, January 24 12:00 pm - 2:30 pm

Cost: Free

Registration: [Migration Working Group - Global challenges: Climate change and migration - CERC in Migration and Integration - Toronto Metropolitan University \(torontomu.ca\)](#)

"Join CERC Migration for our upcoming Migration Working Group meeting. The January Migration Working Group addresses the themes of *climate change and irregular migration*. This meeting will be chaired by senior research associate [Jérémie Molho](#).

The Migration Working Group meets monthly to discuss the migration research of emerging and established scholars. Our meetings give researchers an opportunity to present their ongoing projects, learn about each other's work and share feedback."

Advancing Benefits for People with Disabilities

Date and Time: Tuesday, January 24 1:00 pm - 2:00 pm

Cost: Free

Registration: [Registration \(gotowebinar.com\)](#)

"Learn about the barriers facing people with disabilities in accessing benefit programs and the work currently underway to identify, influence and pilot solutions to help advance the access to benefits process now and in the future. The webinar will include:

- An overview of the barriers and enablers to accessing benefits and services for people living with a disability
- Sharing key values and design principles to advance Access to Benefits for People with Disabilities - Canada Disability Benefit example
- A pilot project example: 'Increasing Access to Benefits for People with Disabilities' - overview of the ESDC pilot in British Columbia
- The importance of evaluation on access to benefits projects
- A call to action - how you can help advance benefits for people with disabilities

This 1-hour webinar is for any organization who works directly with people living with a disability and is intere

sted in learning about ways to improve the access to benefits process to help clients increase their incomes by accessing government benefits."

Wednesday, January 25, 2023

Threads: Cultural Conversation

Date and Time: Wednesday, January 25 9:00 am - 5:00 pm

Registration: [Saskatoon Open Door Society > Events > Threads : Cultural Conversations \(sods.sk.ca\)](#)

"Threads: Cultural Conversations explores the issues, challenges and desires for Newcomers, Indigenous and non-Indigenous cultures to live in harmony, to settle and belong anew, in a time of unprecedented migration around the globe. Participatory sessions weave together knowledge, art, film, storytelling, philosophy, dance, music, poetry, games and more, to discuss and explore issues around what it means to flourish and belong as diverse peoples. Join us."

Introduction to Group Facilitation Skills

Date and Time: Wednesday, January 25 11:00 am - 1:00 pm

Cost: Free

Registration: [Manitoba Association of Newcomer Serving Organizations | Introduction to Group Facilitation Skills \(silkstart.com\)](#)

Event Details

"This 2-hour workshop is intended for people who are new to facilitating groups in their workplace. We will cover what group facilitation is, how to engage participants and some differences between facilitating online and in-person sessions.

Who can register? This workshop is intended for staff from MANSO member organizations. Please refer to our [Member Directory](#) to learn if your organization is a MANSO member.

**Additional Facilitation Skills Training will be offered in the future.*

Workshop Objectives

- Participants will leave the session with ideas for ice-breaker activities
- Learn tips and tools for facilitating successful groups
- Understand the considerations facilitators need in setting up groups

Facilitator bios

- **Babou Kinkumba** is a bilingual (Eng. & Fr) Sexual and Reproductive Health Facilitator at Sexuality Education Resource Centre. He has a background in medical science and expertise in public health, policy and program in community health. Babou has ample experience in working with newcomers and refugees. He has contributed in research articles on “Mental health of Francophone immigrants and refugees and their use of support services; Interculturality in health-care and analysis of social networks in medical centers.” Babou has been designing, facilitating and presenting different workshops to diverse community audiences.
- **Martha Chicas**, Registered Nurse, works as a Sexuality and Reproductive Health Facilitator at the Sexuality Education Resource Centre. Martha has extensive experience in the design of culturally sensitive health education programs. She has delivered many programs such as intergenerational communication for new immigrant parents, as well as violence prevention for immigrant women and youth. Her work has provided newcomers with information on gender equality and reproductive rights to support them during the cultural adaption process. Martha has presented many workshops for service providers, community and youth groups around sexual health topics."

Nursing Competency Assessments for Internationally Educated Nurses

Date and Time: Wednesday, January 25 1:00 pm - 2:00 pm

Cost: Free

Registration: [Webinar: Nursing Competency Assessments for IENs \(zohopublic.com\)](https://www.zohopublic.com/Webinar/Nursing-Competency-Assessments-for-IENs)

"Join us, as we share our experience within the world of competency assessment for Internationally Educated Nurses (IENs) seeking licensure in Canada.

Date: Wednesday, January 25, 2023.

Time: 1 pm – 2 pm ET

Location: Virtual – ZOOM link to follow

Cost: Free

What you can expect from attending this webinar:

- How our performance-based assessment for Internationally Educated Registered Nurses has been redesigned to be more efficient and accessible
 - o Live simulation exams delivered virtually or in-person
- Learn about our newly developed competency equivalency exam for Licensed Practical Nurses
- Nurse Language Proficiency – Touchstone’s continued commitment to maintaining and delivering the C ELBAN
- Hear about our comprehensive in-house resources such as:
 - o Remotely proctored assessments
 - o Psychometrics and Research

- o Exam Design and Standard Setting
- o Simulation Program
- o Purpose-Built Assessment and Training Facility
- An opportunity to ask questions about competency assessment and Touchstone Institute.

To Register, click [here](#). Registration will remain open until the end of the day on Friday, January 20, 2023.

Please forward this webinar invitation to those in your network that may be interested."

Thursday, January 26, 2023

IPW Winnipeg Learning Conference 2023

Date and Time: Thursday, January 26 9:00 am - 6:00 pm

Registration: [Winnipeg Learning Conference | ipwinnipeg](#)

"Funded by Immigration, Refugees and Citizenship Canada (IRCC), Immigration Partnership Winnipeg (IPW) is planning a conference to bring together the settlement sector, government, business community, Indigenous Leaders, Ethnocultural and Newcomer communities to improve collaboration, coordination, and strategic programming for the settlement and integration of newcomers in Winnipeg. Cognizant of each agency's mandate in the provision of services, the conference will explore ways for partners to work creatively and collaboratively to improve the settlement and integration process for newcomers."

Threads: Cultural Conversation

Date and Time: Thursday, January 26 9:00 am - 5:00 pm

Registration: [Saskatoon Open Door Society > Events > Threads : Cultural Conversations \(sods.sk.ca\)](#)

"Threads: Cultural Conversations explores the issues, challenges and desires for Newcomers, Indigenous and non-Indigenous cultures to live in harmony, to settle and belong anew, in a time of unprecedented migration around the globe. Participatory sessions weave together knowledge, art, film, storytelling, philosophy, dance, music, poetry, games and more, to discuss and explore issues around what it means to flourish and belong as diverse peoples. Join us."

Are International Students Disposable Workers?

Date and Time: Thursday, January 26 11:30 am - 1:00 pm

Cost: Free

Registration: [Webinar Registration - Zoom](#)

"This webinar will review recent regulatory changes to international students' work limit and the rationales behind

nd them. Panelists will address the following questions: How will the increase in work hours influence the number of people applying to be international students in Canada? How many students will increase their work hours? How will working more hours affect the academic success of international students as well as their quality of life and the quality of their work? What is the impact of increased work hours on students' chances of becoming permanent residents in Canada? Who benefits from these regulatory changes?"

2023 R-1 Main Residency Match (Second Iteration)

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R-1 Main Residency Match (Second Iteration) — Applicant timeline

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Friday, January 27, 2023

Stress Management and Self-Care for Frontline Workers

Date and Time: Friday, January 27 10:00 am - 11:30 am

Friday January 27, 2023, 10am to 11:30am EST

Cost: Free

Registration: Email Lamia Al-Ansari, llalansari@jfsottawa.com

"This session will provide you with information about potential difficulties as well as strategies for coping with them to maintain your well-being."

Recherche sur les immigrants de langue officielle en situation minoritaire

Date and Time: Friday, January 27 12:00 pm - 1:00 pm

Prix: Gratuit

"Au courant des dernières années, IRCC a développé une expertise sur les enjeux touchant aux immigrants de la langue officielle en situation minoritaire. Ce webinaire vise donc à présenter les faits saillants de sa plus récente étude sur les résultats économiques des résidents permanents d'expression française au Canada hors Québec. Les sujets abordés comprendront le profil sociodémographique des immigrants et leurs résultats économiques à travers des indicateurs tels que la rémunération, le taux d'incidence d'emploi et d'assistance sociale. Une comparaison des résultats de la minorité linguistique avec ceux de la majorité linguistique et de la population non immigrante sera également présentée."

2023 R-1 Main Residency Match Process

Date and Time: Friday, January 27 5:00 pm - 5:05 pm

R-1 Main Residency Match (First Iteration) — Applicant Timeline

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<https://calendar.newcomernavigation.ca>