

Tuesday, December 1, 2020

Trauma and Trauma Informed Care 101

Date and Time: Tuesday, December 1 2:00 pm - 4:00 pm

This session is part of Ingenuity's Trauma-Informed & Healing-Centered Practice Training Program. The program has been designed to aid the arts education sector in understanding, implementing, and advancing healing-centered and trauma-informed principles and competencies within organizational and programmatic practice.

- Online event | Free
- **Registration:** https://www.eventbrite.ca/e/trauma-and-trauma-informed-care-101-tickets-129781835965?aff=ebdssbonlinesearch&keep_tld=1

COVID-19: Specialized Mental Health Support for Health Care Workers

Date and Time: Tuesday, December 1 7:00 pm - 8:00 pm

In support of health care providers and workers across the country, Homewood Health will be hosting a webinar focused on the unique challenges facing health care workers with the onset of a second wave of COVID-19. In this one hour webinar, participants will have an opportunity to focus on disruptive feelings which may be causing distress. We will also provide look at beneficial psychological supports, and reinforce adaptive coping strategies to protect their mental health through and beyond COVID-19.

- Online event | Free
- **Registration:** https://zoom.us/webinar/register/WN_sxyuZ4JMSbqD1SAkuKQIEQ

Wednesday, December 2, 2020

Gender-Based Violence Awareness During COVID-19 (Webinar Series)

Date and Time: Wednesday, December 2 11:00 am - 12:00 pm

Are you a service provider working with newcomer, immigrant and refugee families and individuals in Canada? Are you concerned about Gender-Based Violence (GBV) and how to provide support in a collaborative way? Attend these sessions to increase practical skills and knowledge about GBV.

- Online event | Free
- **Register:** https://register.gotowebinar.com/rt/4939390370863046155?utm_source=Newsletter+Subscribers&utm_campaign=4d67082228-EMAIL_CAMPAIGN_2018_03_08_COPY_01&utm_medium=email&utm_term=0_b816ff49b1-4d67082228-347941438&mc_cid=4d67082228&mc_eid=1c9e9636bd

Why the hesitancy to get a COVID-19 vaccine in Canada?

Date and Time: Wednesday, December 2 4:00 pm - 5:00 pm

Join us Wednesday December 2nd, from 4pm-5:15pm for a presentation on the latest data which will be collected from Nov. 27-29, on Canadians' views of a COVID-19 vaccine.

With a COVID-19 vaccine, or even multiple COVID-19 vaccines coming soon, the COVID-19 Social Impacts Network will be presenting a detailed analysis of Canadians' views about the vaccine and vaccination. The information aims to shape public health strategies and community responses. We invite you to join us for this important web event.

After registering, you will receive a confirmation email containing information about joining the webinar.

- Online event | Free
- **Registration:** https://zoom.us/webinar/register/WN_Gs2AoEYFQ-K-39A2bkDB9A

Thursday, December 3, 2020

THE STATE OF THE SECTOR: A LOOK AHEAD TO 2021

Date and Time: Thursday, December 3 1:00 pm - 2:00 pm

On December 3, join us for a **free webinar** to look ahead at trends that will impact the nonprofit sector in 2021 and the years to come.

Happy (gulp) New Year. 2020 was likely the year we won't forget for a long time. From the impacts of the Covid-19 pandemic to the soul searching that has taken place related to systemic racism, the nation's charities and nonprofits have been in 'pivot overdrive'. In this session, [Imagine Canada](#)'s President & CEO, **Bruce MacDonald**, will facilitate a panel discussion featuring **Paul Nazareth** of the [Canadian Association of Gift Planners \(CAGP\)](#), **Paula Speevak** of [Volunteer Canada](#), and **Sandra Sualim** from AFP Toronto and the [Boys and Girls Clubs of Canada Foundation](#). Panelists will address some of the key implications from 2020 and look ahead to the coming year to provide sector leaders with insights that they can use when building their upcoming plans.

Important Note: While registration is open to all, attendance is limited to the first 1,000 people to sign onto the live session. We suggest signing on five minutes early to have the best chance of getting on the live session. If for any reason you aren't able to connect to the live session, rest assured you'll get the full recording by email the following day.

What you'll learn

In this webinar Bruce will cover:

- How the scope, scale and priorities of the nonprofit sector shifted in 2020
- The lasting and long term implications of 2020 events on the nonprofit sector
- Predictions for new shifts in the decade ahead
- How charities and nonprofits can best position themselves in the coming year(s)
 - Online event | Free
 - **Registration:** <https://charityvillage.com/the-state-of-the-sector-a-look-ahead-to-2021/>

What You Need to Know About the Covid Alert App

Date and Time: Thursday, December 3 7:30 pm - 9:00 pm

Michael Geist, a law professor at the University of Ottawa and the Canada Research Chair in Internet and E-Commerce Law will present a talk on the Covid Alert App, highlighting how it was created, how it can help alert Canadians about potential exposures to the COVID-19 virus, and how it safeguards user privacy and security.

- Online event | Free
- Register: https://www.crowdcast.io/e/covidalertapp/register?mc_cid=6b7ff64318&mc_eid=02e46d7fb8

Monday, December 7, 2020

Intergenerational Transmission of Domestic Violence and Gender by The Women's Health Research Cluster, a research initiative at UBC

Date and Time: Monday, December 7 3:00 pm - 4:00 pm

Seminar Title-Intergenerational Transmission of Domestic Violence and Gender: Walking in Their Footsteps

This event is part of the Women's Health Seminar Series, which showcases multidisciplinary research on women's health. The goal of the series is to provide multidisciplinary training and mentorship for trainees, across a broad range of women's health research topics. Speakers will present their research regarding the biological, psychological, behavioural, economic and social impacts on women's health outcomes. Each seminar will feature 45 minutes talks followed by an interactive question and answer period.

- Online event | Free
- **Registration:**

<https://www.eventbrite.ca/e/intergenerational-transmission-of-domestic-violence-and-gender-tickets-119171969569?aff=ebdssbonlinesearch>

We Have a Racism Problem in Greater Victoria!

Date and Time: Monday, December 7 8:20 pm - 10:30 pm

Join us for a community conversation on how systemic racism shows up in our community and tell us what supports are needed!

About this Event

The Greater Victoria Local Immigration Partnership (a project powered by the Inter-Cultural Association of Greater Victoria) has gathered responses to a survey about racism in Greater Victoria. More than 500 people participated! The survey is only one of our tools to better understand and respond to systemic racism in our own community. *Hearing directly from the community is another tool.*

This conversation is the next step in our process to work for structural changes that address racism and help create a stronger community for all.

We want to hear from you!

- What do you think are our region's *specific* challenges for BIPOC folks?
- What do the preliminary survey responses tell us and what more do we need to know?
- What better supports are needed?
- How can we work to undo racist and other oppressive systems in our community?

The conversation will be guided by **Dr. Mandeep Kaur Mucina** and **Simone Blais** with music by **John Aluan Alaya** before the meeting begins.

- Online event | Free

- **Registration:** <https://www.eventbrite.com/e/we-have-a-racism-problem-in-greater-victoria-registration-130342320389>

Tuesday, December 8, 2020

PFPR: Le rôle des travailleurs en établissement dans le parrainage privé des réfugiés

Date and Time: Tuesday, December 8 1:00 pm - 3:00 pm

This virtual workshop will equip settlement workers to support their sponsored refugee clients and to support the work of groups sponsoring these newcomers. Topics covered include * an introduction to the fundamentals of the federal refugee sponsorship program * the role of the settlement worker in refugee sponsorship * challenges that sponsored newcomers may face * best practices for working with sponsoring groups and sponsored newcomers. Francophone settlement workers from across Canada (except Quebec) are invited to participate.

- Online event | Free
- Register: https://zoom.us/meeting/register/tJwtd-6hrD0qGdXhThyOJNjgV5VjYFQAlyL_

VIRTUAL MY RELO SOLUTION INFO SESSION

Date and Time: Tuesday, December 8 1:00 pm - 2:00 pm

This information session will address Pre-arrival steps for those looking to immigrate to Canada and Post-arrival steps for Newcomers to Canada. With over 40 years of combined experience in hospitality and 10 years in the corporate housing industry, Rebecca and Krisztina have all the experience, knowledge and network across Canada to provide and create a positive and great experience for individuals and corporations with their new start in a city.

Online Event | Free

Registration: https://www.cercottawa.ca/calendar-event/my-relo-solution-info-session-2-4-2-2-3-2-2/?mc_cid=b07a4563f9&mc_eid=02e46d7fb8

Wednesday, December 9, 2020

L'approche des communautés de pratique, un outil pertinent pour le travail collaboratif

Date and Time: Wednesday, December 9 12:00 pm - 1:00 pm

Depuis, 2018, le Réseau franco-santé du Sud de l'Ontario (RFSO) travaille étroitement avec cinq communautés de pratiques (CoP) pour développer et mettre en œuvre des stratégies d'accueil afin de favoriser l'intégration des professionnelles et professionnels bilingues dans le sud de l'Ontario. Venez rencontrer trois représentants de ces CoP et découvrir comment leur modèle de fonctionnement et de travail collaboratif encourage le réseautage et la mise en place d'initiatives durables dans leur région.

- Webinaire | Gratuit
- Inscription: https://us02web.zoom.us/webinar/register/WN_1wmKuS7ITbCkP7ir6gV4bw

Webinar: CanPath COVID-19 Questionnaire Results: A Preliminary Analysis

Date and Time: Wednesday, December 9 12:00 pm - 6:00 pm

About the Webinar:

The Canadian Partnership for Tomorrow's Health (CanPath) is Canada's largest population health cohort and a national platform for health research. Comprised of more than 330,000 volunteer participants, CanPath is a unique platform that allows scientists to explore how genetics, environment, lifestyle, and behaviour interact and contribute to the development of disease. In spring 2020, CanPath responded quickly to the COVID-19 pandemic by launching a COVID-19 questionnaire across the entire cohort. Information collected by the survey included COVID-19 test results/suspected infection, symptoms experienced (if any), current health status and risk factors, potential sources of exposure, impact of the pandemic on job status and on mental, emotional, social and financial well-being.

In this webinar, Dr. Kirsh will present an analysis of the almost 100,000 CanPath participant responses to the questionnaire. Analysis of the data is supported by CanPath's existing cohort data and linkages to administrative health databases. Data collected through the COVID-19 Questionnaire will be made available to researchers by January 2021.

- Online event | Free
- **Registration:** <https://canpath.ca/2020/11/webinar-cpha-dec-2020/>

Friday, December 11, 2020

The Impact of COVID-19 in Select Sub-Saharan African Cities

Date and Time: Friday, December 11 11:00 am - 12:30 pm

This webinar hosted by UNESCO will highlight the key findings of the joint research project of the Metropolis Canada's [COVID-19 Social Impacts Network](#) and UNESCO. Based on over 3,000 collected responses, the results explore the most salient societal issues, such as public trust in institutions, access to services, and social status, which was, in fact, the most widely reported form of discrimination at 24%.

- Online | Free
- Registration: https://unesco-org.zoom.us/webinar/register/WN_PI7OH9xnRZ274ceCFwnG1w

Tuesday, December 15, 2020

The Path Forward: Americans and Canadians Working Together on Migration in the Biden-Harris Era

Date and Time: Tuesday, December 15 12:00 pm - 2:15 pm

While we continue to battle a global pandemic and with the imminent advent of the Biden-Harris era, how can Americans and Canadians work together on migration issues to prepare for challenges to come?

- Online Event | Free
- Registration: https://zoom.us/webinar/register/WN_zWyMlfmYQFSQXk_sfn2A_Q

Wednesday, December 16, 2020

Newcomer Healthcare: There is not one-size-fits-all approach

Date and Time: Wednesday, December 16 1:00 pm - 2:00 pm

Cross-sectoral collaboration among the health and settlement sector is critical to ensure newcomers settling into Canada have an equitable health care experience and achieve optimal health outcomes. This panel will feature perspectives from front-line staff, a physician and nurse practitioners across Canada in the health sector who have developed multidisciplinary models to deliver care to newcomers with complex needs.

You will learn:

- Sociocultural barriers newcomers experience when interacting with Canada's health and social service systems
- Unique models of care that work to overcome the cultural and linguistic barriers newcomers experience when interacting with Canada's health and social service systems
- Novel tools and resources that support connection, learning and collaboration among professionals in the health and settlement sectors

Attendees will have the opportunity to participate in a moderated Q&A period.

This session would be of interest to healthcare and settlement practitioners and will be presented in English.

- Online event | Free
- Register: https://newcomernavigation.zoom.us/webinar/register/4115997609681/WN_10FDfxH6QLyMyrOFa7LC6A

Wednesday, December 23, 2020

Wellness Workshop: Developing Emotional Resilience

Date and Time: Wednesday, December 23 12:30 pm - 2:00 pm

About this Event

Due to the 2020 lockdown, we have experienced a new way of being. Have you responded badly to the beer bug? Maybe you're facing redundancy as unemployment rises? Or maybe still in fear for your health?

Right now we all need to be able to manage our fear, our worry about the future, and to be able to access clarity of thinking as this unexpected situation develops further. Essentially the storm isn't over and being able to keep your balance and have another go is going to be a keen art to have.

If you want to face whatever the future holds with clarity of thought and resilience then now is the time to learn how to control your emotions so they don't inadvertently control you.

Here at the Lazarus Group, we're holistic and spiritual experts trained to deal with all matter of emotional distress. This can be physical, emotional, or even spiritual.

During this webinar, we will discuss shadow alchemy, this is the process by which you fully alchemise all the toxic energy that is being held in your shadow until you have an empty shadow that cannot be triggered. Along with:

- How to take control of your emotions in work & personal settings
- Where your emotional patterns were established and the key to changing them.
- About unhelpful emotions you experience and methods to release them.

If you're ready to dig beneath your anxiety, develop resilience and make a real change, then this wellness workshop will be perfect for you.

- Online event | Free
- **Registration:** https://www.eventbrite.ca/e/wellness-workshop-developing-emotional-resilience-tickets-132772200225?aff=ebdssbonlinesearch&keep_tld=1

Tuesday, December 29, 2020

Words and Wellness by York Hills Centre for Children, Youth and Families

Date and Time: Tuesday, December 29 1:00 pm - 2:30 pm

Understanding the role that language plays in supporting children's mental health .

About this Event

Presented by: Vibhuti Bhatt - Speech and Language Pathologist

Language plays a critical role in our children's lives, though its importance is often overlooked when more noticeable behaviour challenges arise. In this webinar, York Hills' Speech-Language Pathologist Vibhuti Bhatt will share the many ways in which language connects with children's social and emotional wellbeing. Participants will be invited to consider their child(ren)'s language needs, and will gain concrete strategies to create a language-rich environment to support their mental wellbeing.

- Online event | Free
- **Registration:** <https://www.eventbrite.ca/e/words-and-wellness-registration-128541046731?aff=ebdssbonlinesearch>

<https://calendar.newcomernavigation.ca>