

## Tuesday, March 25, 2025

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### Mental Health First Aid Training

Date and Time: Tuesday, March 25 8:30 am - 4:30 pm

**Chantale Blanchette**

Acting Assistant Manager

RIF / PAF/ CFA Eastern Ontario

Health Component Coordinator

**Virtual session** on March 25, 2025, from 8:30 to 4:30 PM

The cost is only \$75, i.e. the fee to access the learning platform for Module 1. This is done individually before the training day in which we complete modules 2 and 3. Usually, this training costs around \$225. If you've got any funds left for training before the end of the financial year, now's the time!

There are 15 places available for this session, so here's a Doodle to fill in to let me know you're interested: <https://doodle.com/group-poll/participate/eXqPGZ8a>

You can register yourself or an employee from your organization. Once I've reached 15 places, I'll contact you to proceed with the actual registration and the sharing of important information. Please note that if I see more interest than 15 people, other sessions may be offered later in the year.

<https://calendar.newcomernavigation.ca>